nanoleaf

# Red Light Therapy Panel

## User Manual

English

Français

Deutsch

Español

Italiano

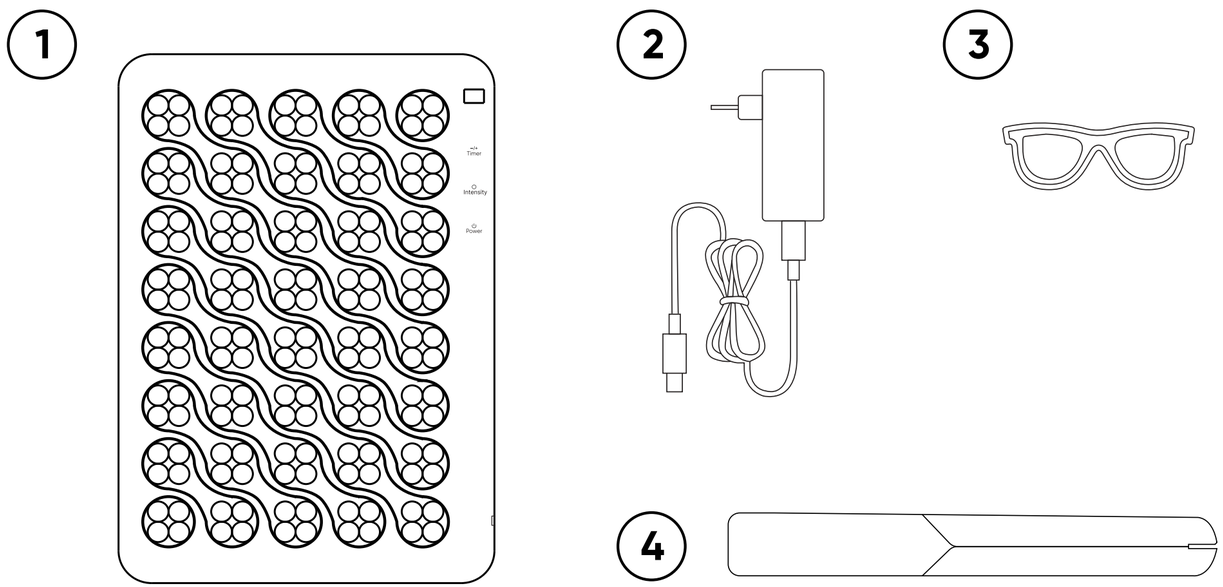
nanoleaf

# Red Light Therapy Panel

For Face and Body

**User Manual**

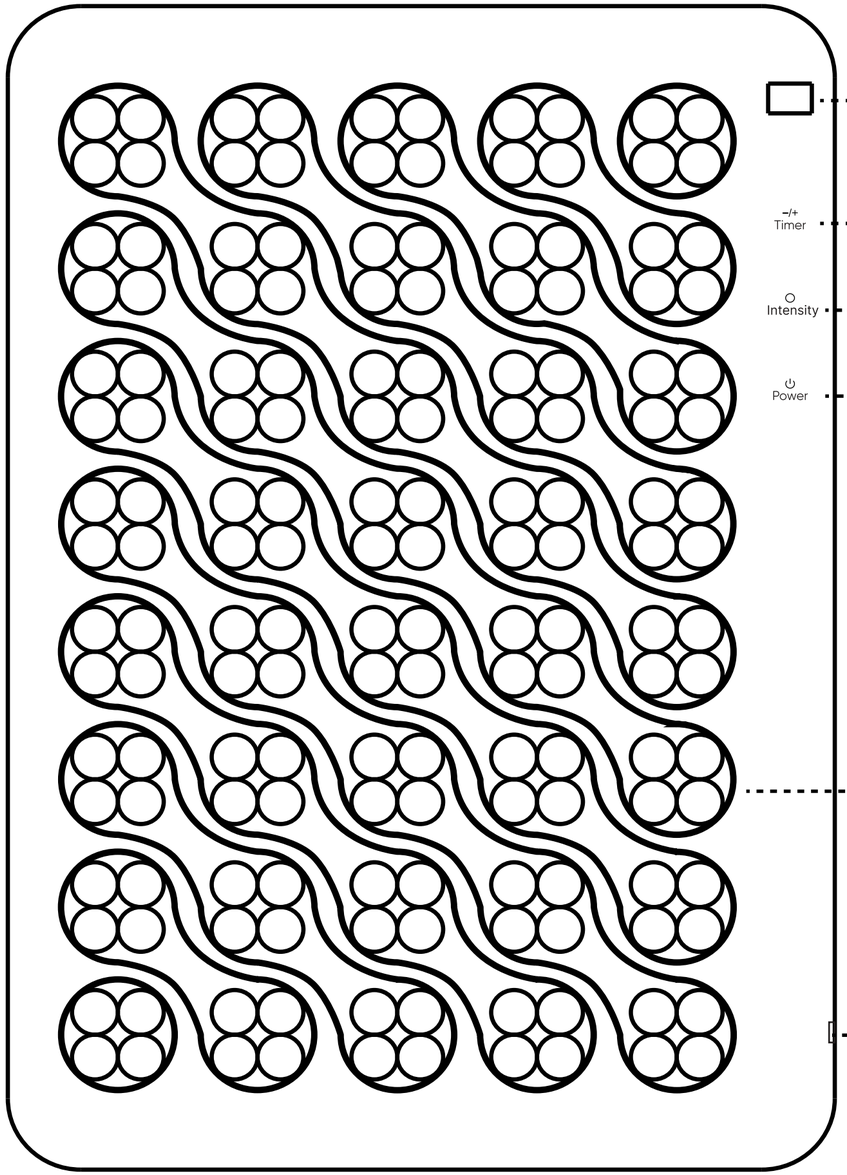
# What's in the Box?




1. Red Light Therapy Panel
2. USB-C Charger
3. Eye Protection Glasses
4. Table Stand

***NOTE:*** *This product must be plugged into a power source during use.*

# Device Overview




**Display Screen**
Displays the Countdown Timer & Intensity Level.

**Timer**
Press to cycle between a 10/15/20/25/30 minute countdown timer.

**Intensity**
Press to cycle between 4 intensity levels, with L4 being the strongest.
Press power again to confirm your intensity level.

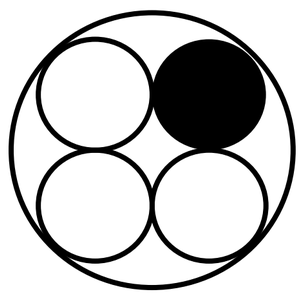
**Power**
Press 2s to turn ON/OFF.

**LED Cluster**

**Power Port**
Device must be plugged into a power source during use.

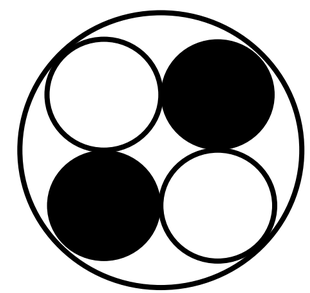
# Intensity Levels

## L1



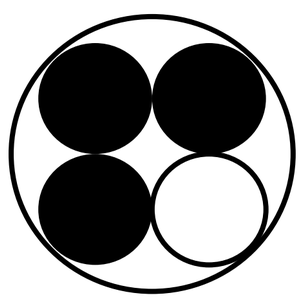
1 LED in each LED cluster is turned on.

## L2



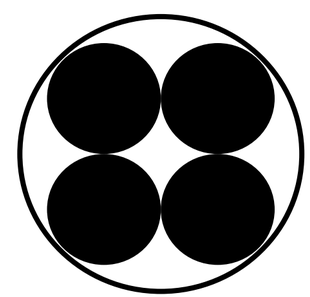
2 LEDs in each LED cluster is turned on.

## L3



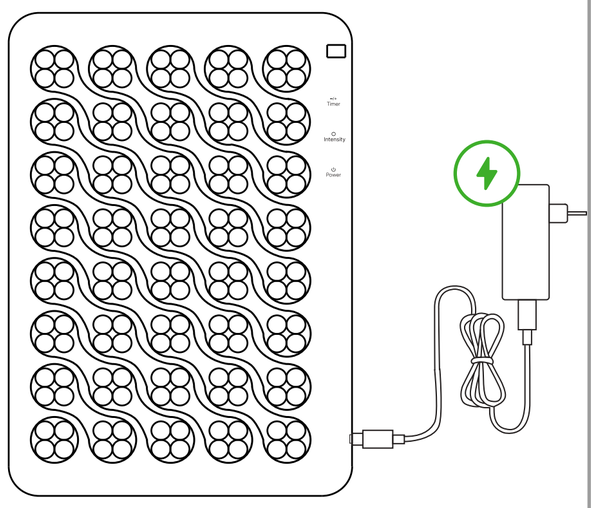
3 LEDs in each LED cluster is turned on.

## L4

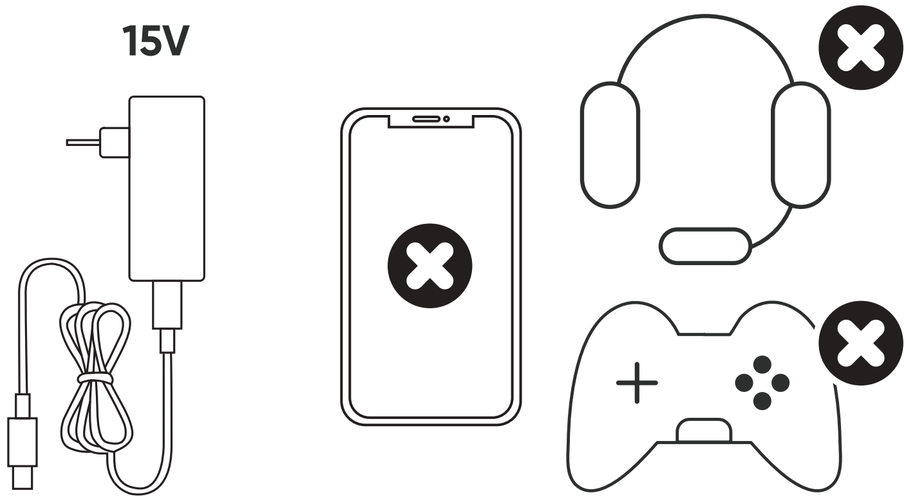


All 4 LEDs in each LED cluster is turned on.

# Important Things to Note



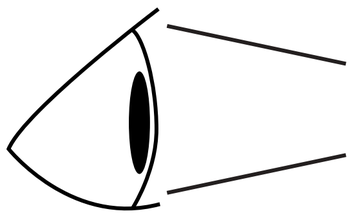

This product must be plugged into a power source during use.



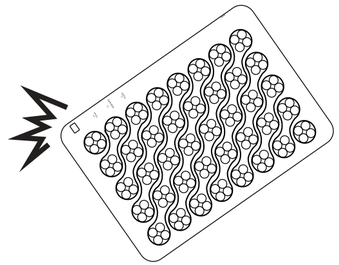

The USB-C Charger (Power Supply Unit) that comes with this product cannot be used with other devices.

# Important Things to Note

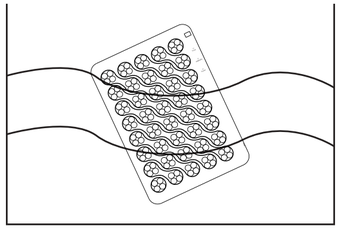
**Warning:** This is not a medical device and cannot be used for professional treatment or as a substitute for professional medical advice. The actual effect of use varies from person to person.



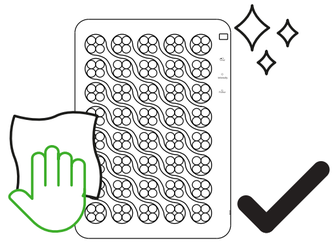
Avoid looking directly at the LED lights.



Do not drop or throw the product on hard surfaces.



Do not soak in water.



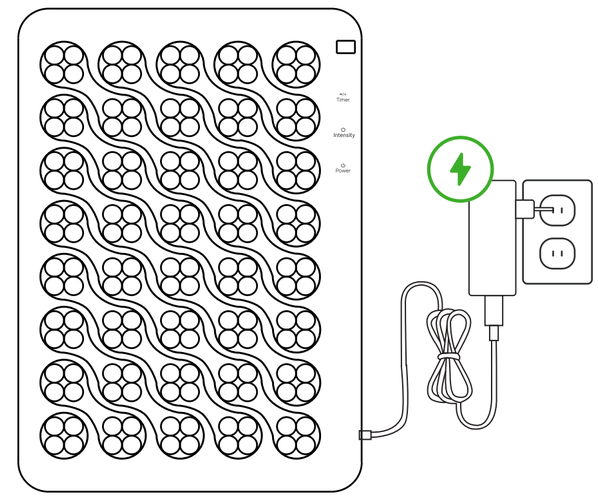
Clean with a damp cloth or with 70% alcohol.

# How to Use

1

Wash your face before use, if you will be pointing the Red Light Therapy Panel directly towards your face.

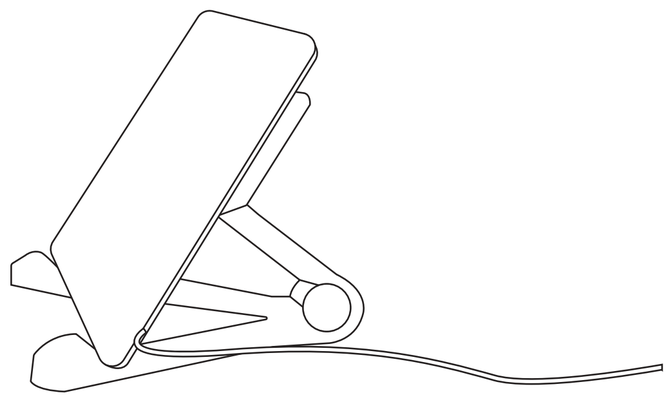
2




Plug the Red Light Therapy Panel into a power source. It must be plugged in during use.

# How to Use

3



Place the Red Light Therapy Panel on the provided stand. Adjust stand to get the optimal angle.

4

Put on eye protection glasses.
Hold the power button for 2s to turn on.
Select intensity level and timer countdown.

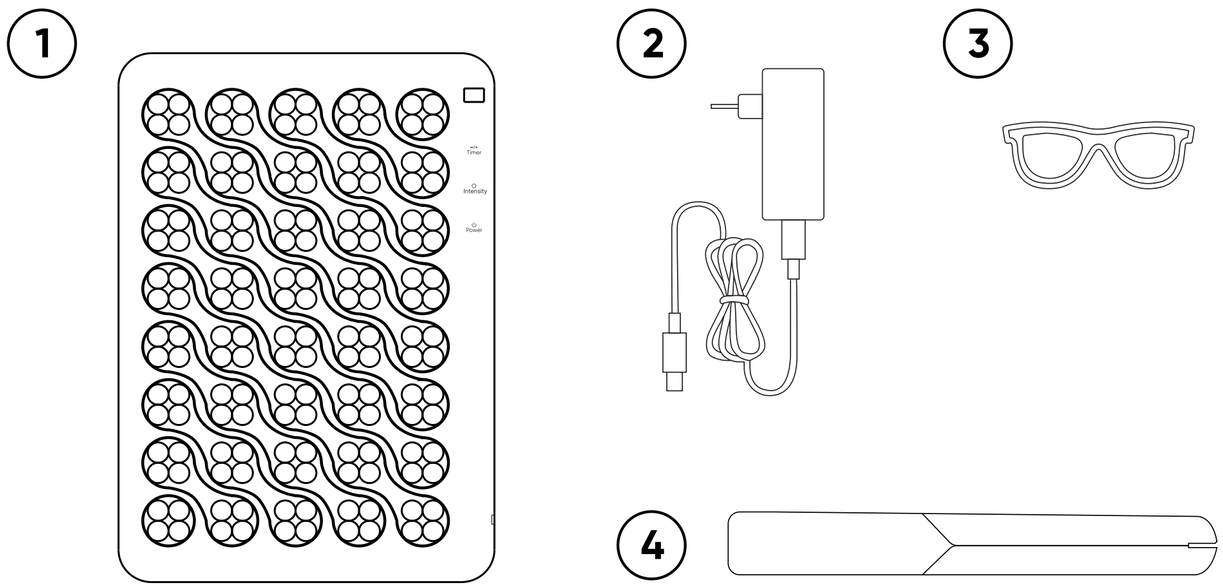
**Press power again** to start your session.

# Lampe de luminothérapie à lumière rouge

Pour le visage et le corps

**Manuel de l'utilisateur**

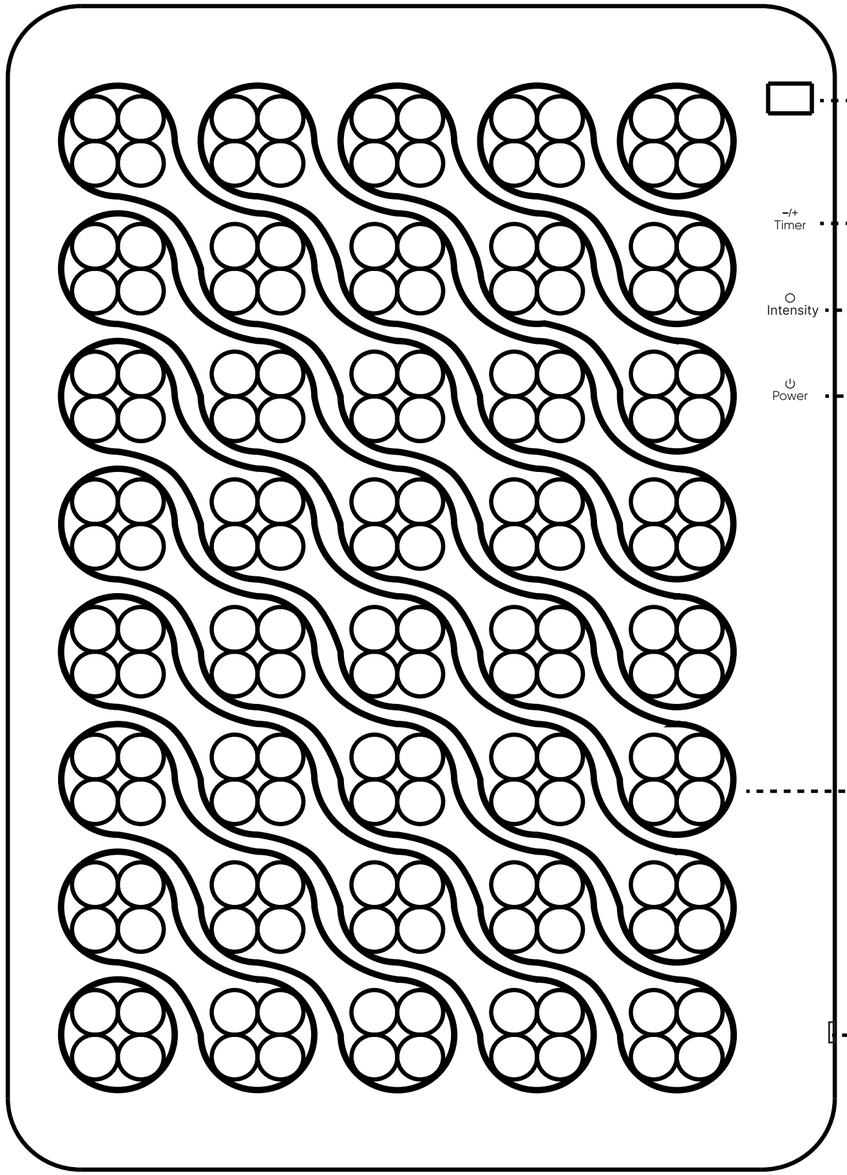
# Contenu de la boîte




1. Lampe de luminothérapie à lumière rouge
2. Chargeur USB-C
3. Lunettes de protection pour les yeux
4. Table Stand

***REMARQUE:*** *Ce produit doit être branché à une source d'alimentation pendant son utilisation.*

# Présentation de l'appareil




**Écran d'affichage**
Affiche le minuteur de compte à rebours et le niveau d'intensité.

**Minuteur**
Appuyez pour faire défiler les options du compte à rebours : 10/15/20/25/30 minutes.

**Intensité**
Appuyez pour faire défiler les 4 niveaux d'intensité, L4 étant le plus élevé. Appuyez de nouveau sur le bouton d'alimentation pour confirmer votre niveau d'intensité.

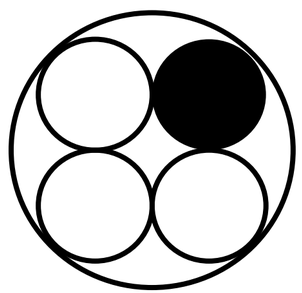
**Alimentation**
Appuyez 2 secondes pour allumer/éteindre.

**Groupe de LED**

**Port d'alimentation**
L'appareil doit être branché à une source d'alimentation pendant son utilisation.

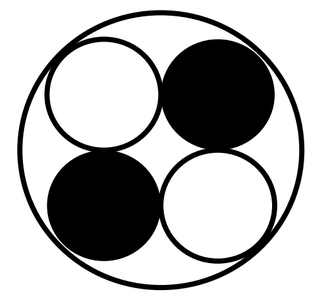
# Niveaux d'intensité

## L1



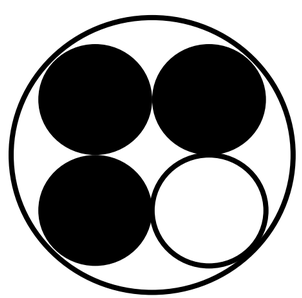
Une LED de chaque groupe de LED est allumée.

## L2



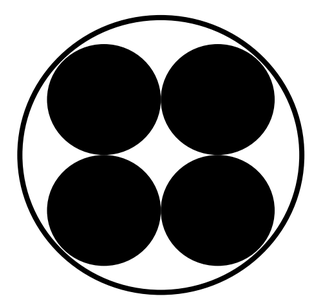
2 LED de chaque groupe de LED sont allumées.

## L3



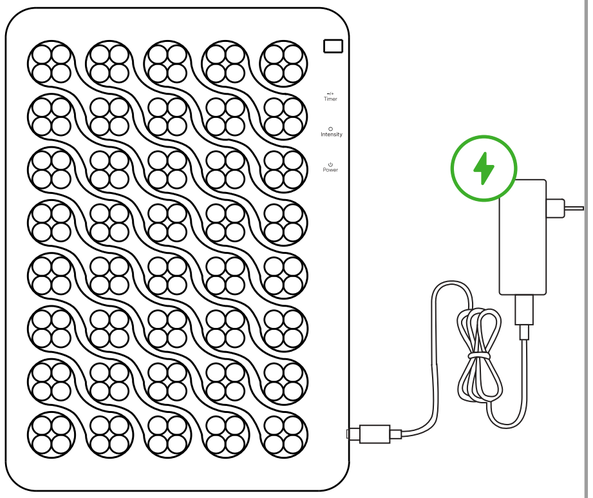
3 LED de chaque groupe de LED sont allumées.

## L4

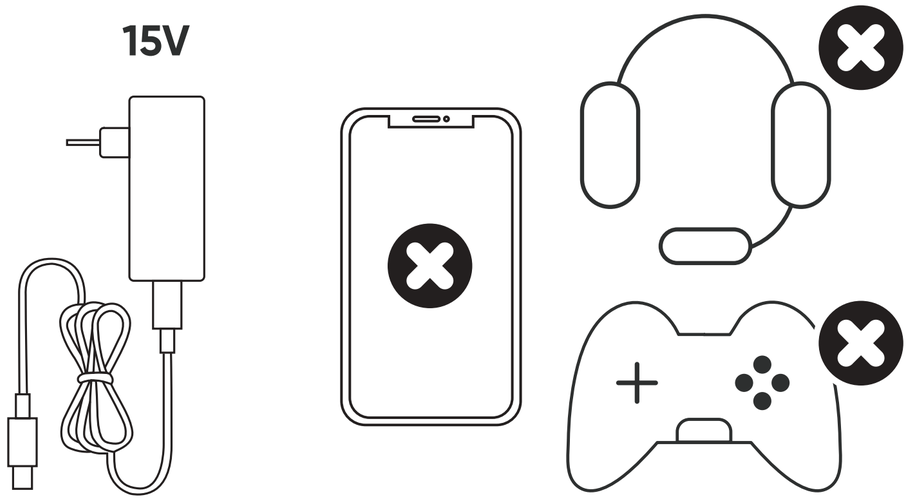


Les 4 LED de chaque groupe de LED sont allumées.

# Informations importantes



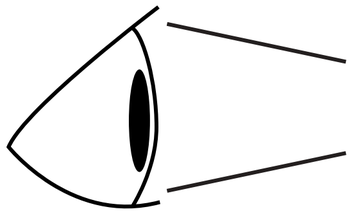

Ce produit doit être branché à une source d'alimentation pendant son utilisation.



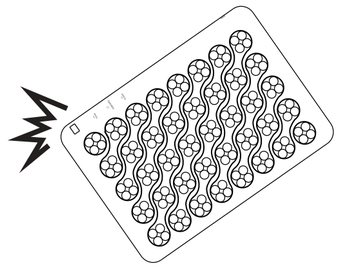

Le chargeur USB-C (bloc d'alimentation) fourni avec ce produit ne peut pas être utilisé avec d'autres appareils.

# Informations importantes

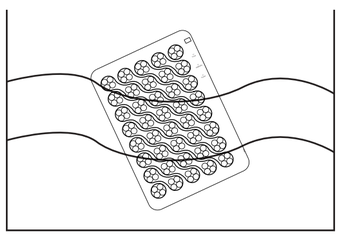
**Attention:** Ceci n'est pas un dispositif médical et ne peut pas être utilisé pour un traitement professionnel ni comme substitut à un avis médical. Les effets réels peuvent varier d'une personne à l'autre.



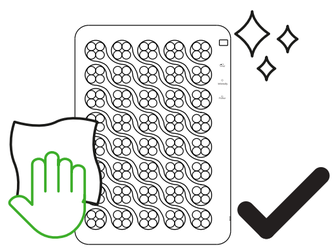
Évitez de regarder directement les lumières LED.



Attention à ne pas faire tomber l'appareil sur des surfaces dures.



Ne pas tremper l'appareil dans l'eau.



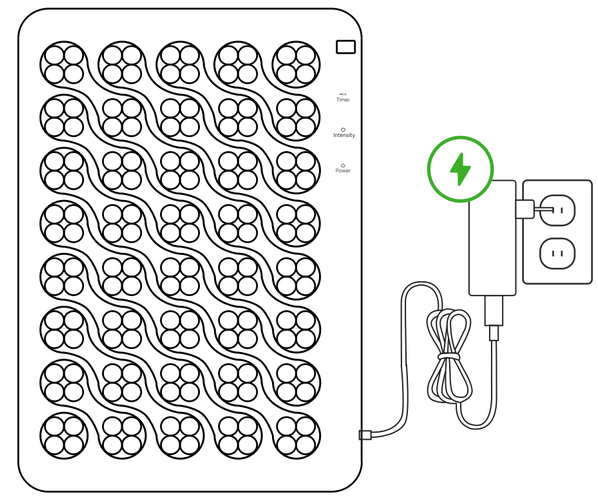
Pour nettoyer l'appareil, essuyez simplement avec un chiffon humide ou de l'alcool à 70%.

# Mode d'emploi

1

Lavez votre visage avant utilisation si vous allez diriger la lampe de luminothérapie rouge directement sur votre visage.

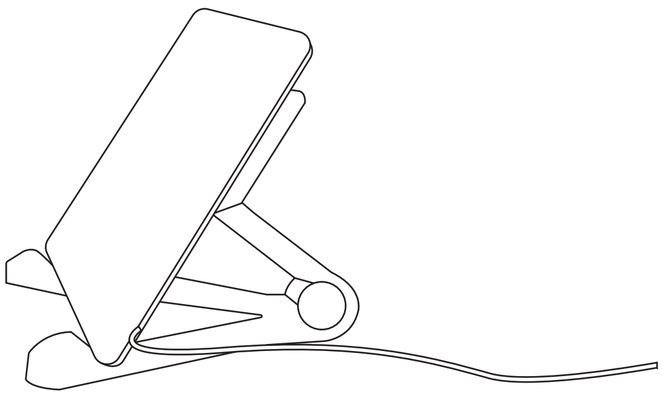
2




Branchez la lampe de luminothérapie rouge à une source d'alimentation. Elle doit rester branchée pendant son utilisation.

# Mode d'emploi

**3**



Placez le panneau de luminothérapie rouge sur le support fourni. Ajustez le support pour obtenir l'angle optimal.

**4**

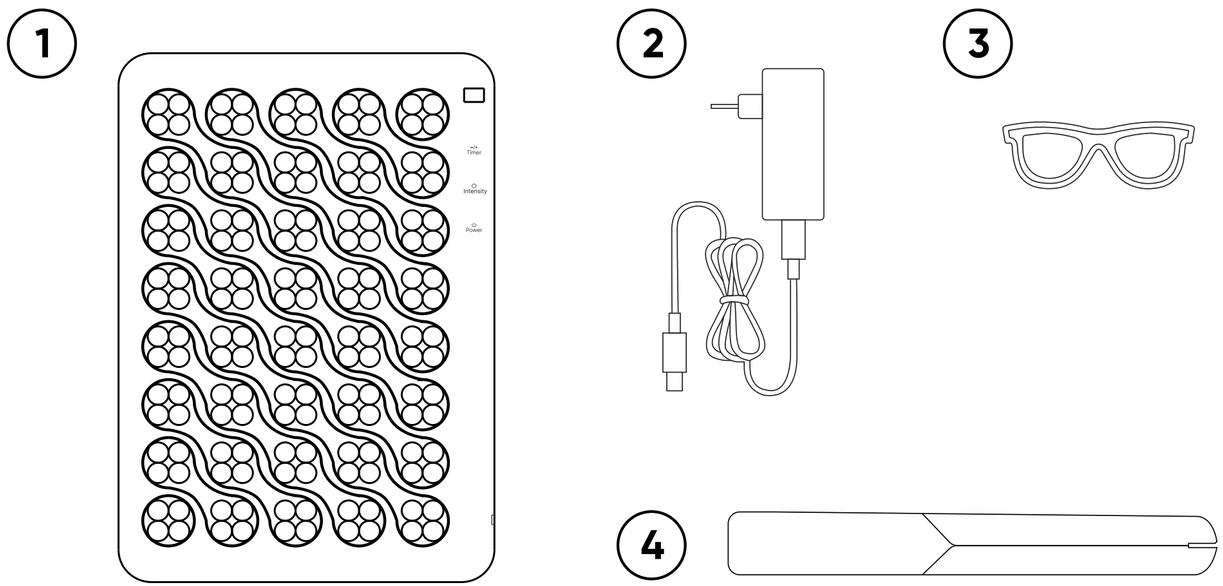
Mettez vos lunettes de protection. Maintenez le bouton d'alimentation enfoncé pendant 2 s pour allumer la lampe. Sélectionnez le niveau d'intensité et la durée du minuteur. **Appuyez de nouveau sur le bouton d'alimentation** pour commencer votre séance.

# Rotlicht-Therapie-Panel

Für Gesicht und Körper

**Benutzerhandbuch**

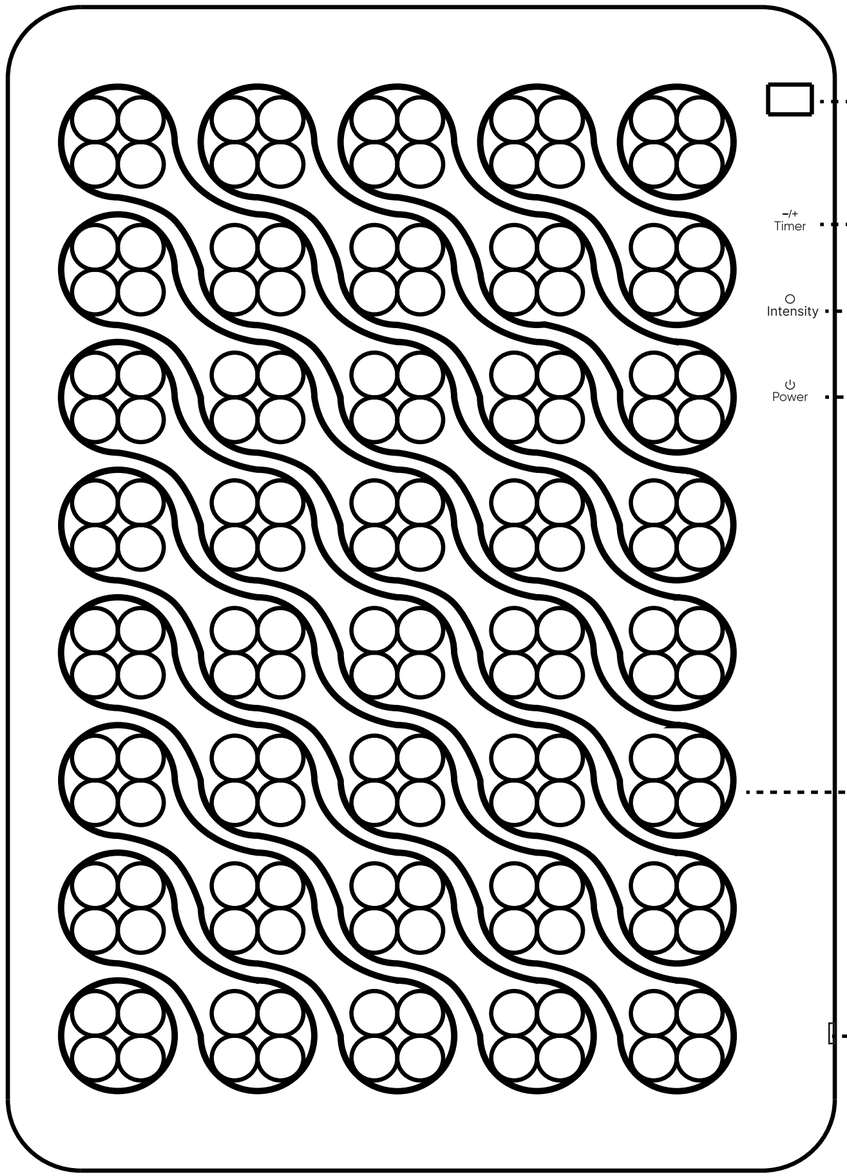
# Lieferumfang




1. Rotlicht-Therapie-Panel
2. USB-C-Ladegerät
3. Schutzbrille
4. Tischständer

***HINWEIS:*** *Dieses Produkt muss während der Nutzung an eine Stromquelle angeschlossen sein.*

# Geräteübersicht




**Anzeige**
Zeigt den Countdown-Timer und den Intensitätsgrad an.

**Timer**
Zum Durchschalten zwischen einem 10-/15-/20-/25-/30-Minuten-Countdown-Timer drücken.

**Intensität**
Zwischen 4 Intensitätsstufen drücken L4 = stärkste.
Zum Bestätigen der gewählten Intensitätsstufe erneut die Einschalttaste drücken.

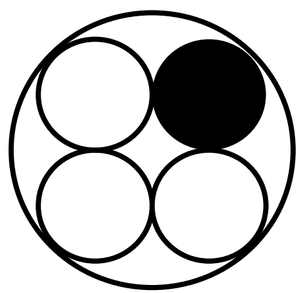
**Ein/Aus**
2 Sek. drücken, um ein- oder auszuschalten.

**LED-Cluster**

**Stromanschluss**
Das Gerät muss während der Nutzung an eine Stromquelle angeschlossen sein.

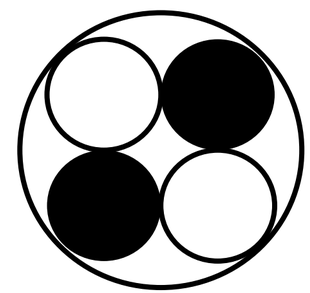
# Intensitätsstufen

## L1



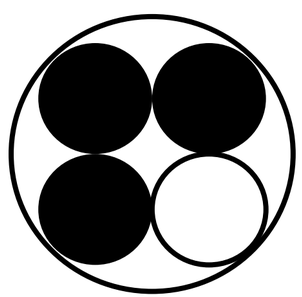
1 LED pro LED-Cluster ist eingeschaltet.

## L2



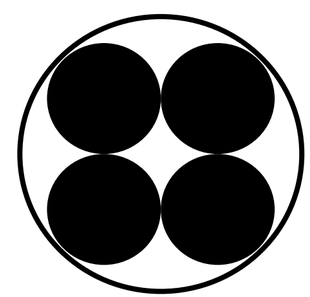
2 LEDs pro LED-Cluster sind eingeschaltet.

## L3



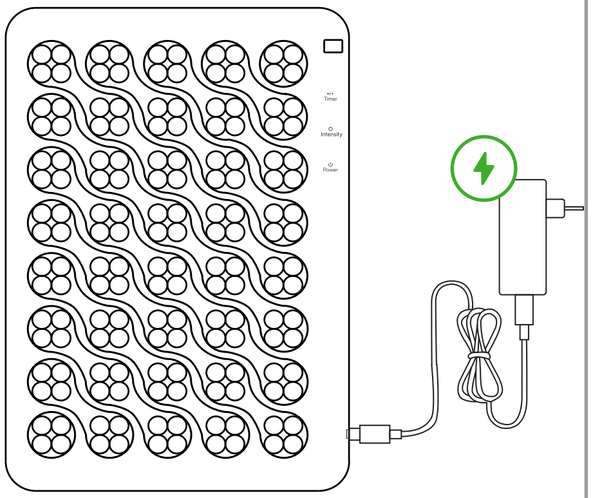
3 LEDs pro LED-Cluster sind eingeschaltet.

## L4

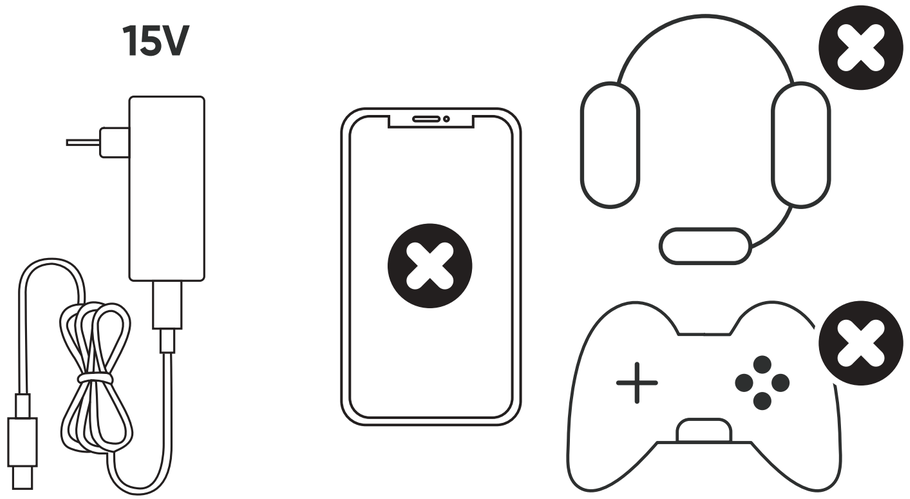


Alle 4 LEDs pro LED-Cluster sind eingeschaltet.

# Wichtige Hinweise



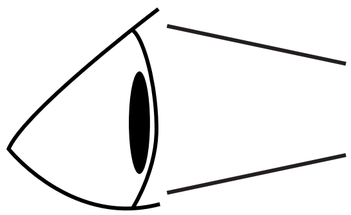

Dieses Produkt muss während der Nutzung an eine Stromquelle angeschlossen sein.



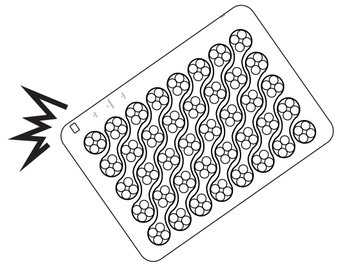

Das mit diesem Produkt gelieferte USB-C-Ladegerät (Netzteil) darf nicht mit anderen Geräten verwendet werden.

# Wichtige Hinweise

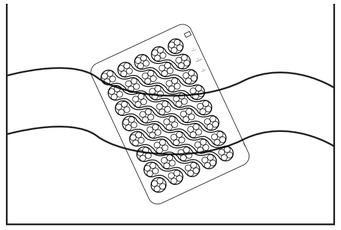
**Warnung:** Dies ist kein medizinisches Gerät und darf nicht für professionelle Behandlungen oder als Ersatz für ärztlichen Rat verwendet werden. Die tatsächliche Wirkung kann von Person zu Person unterschiedlich sein



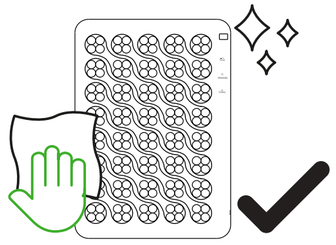
Blicken Sie nicht direkt in die LED-Leuchten.



Lassen Sie das Gerät nicht fallen und werfen Sie es nicht auf harte Oberflächen.



Nicht in Wasser eintauchen.



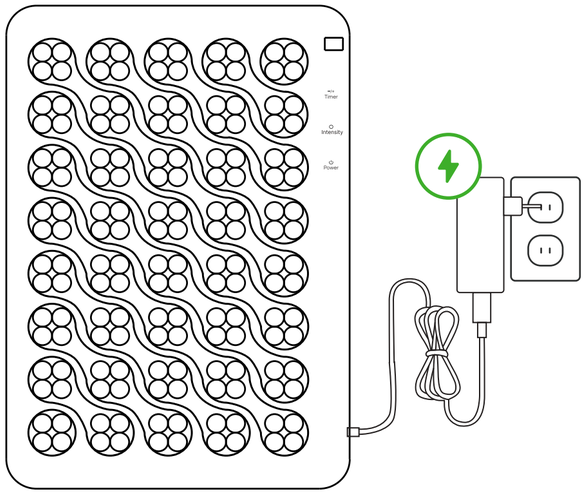
Mit einem feuchten Tuch oder 70% Alkohol reinigen.

# Anwendung

1

Waschen Sie Ihr Gesicht vor der Anwendung, wenn Sie das Rotlicht-Therapie-Panel direkt auf Ihr Gesicht richten.

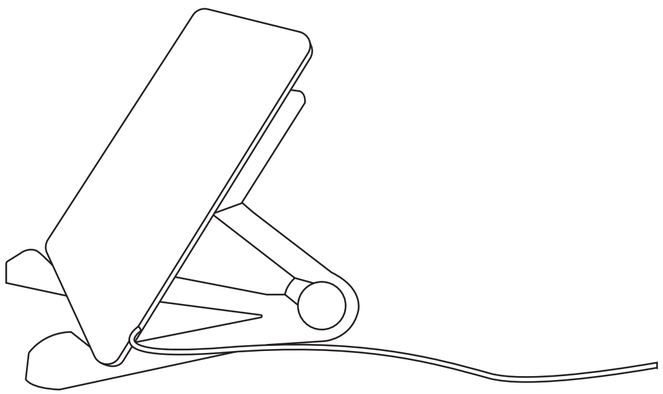
2




Schließen Sie das Rotlicht-Therapie-Panel an eine Stromquelle an. Es muss während der Nutzung eingesteckt bleiben.

# Anwendung

3



Stellen Sie das Rotlicht-Therapie-Panel auf den mitgelieferten Ständer. Passen Sie den Ständer an, um den optimalen Winkel einzustellen.

4

Schutzbrille aufsetzen.
Einschalttaste 2 Sek. drücken, um einzuschalten.
Intensitätsstufe und Timer auswählen.

**Erneut die Einschalttaste drücken,** um die Sitzung zu starten.

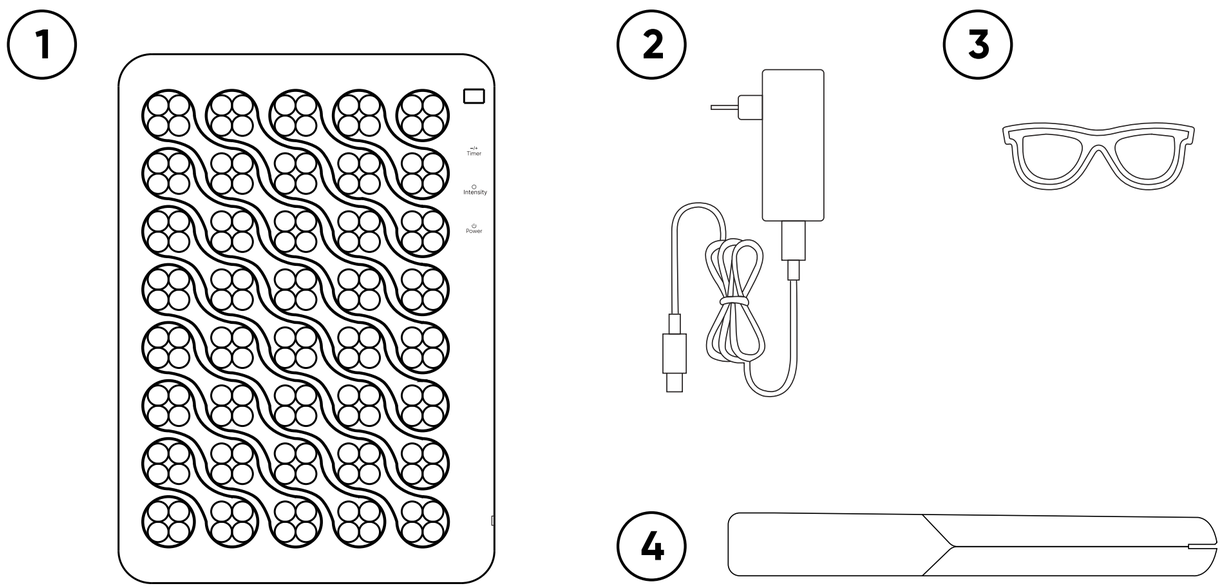
nanoleaf

# Lámpara de fototerapia con luz roja

Para rostro y cuerpo

**Manual de usuario**

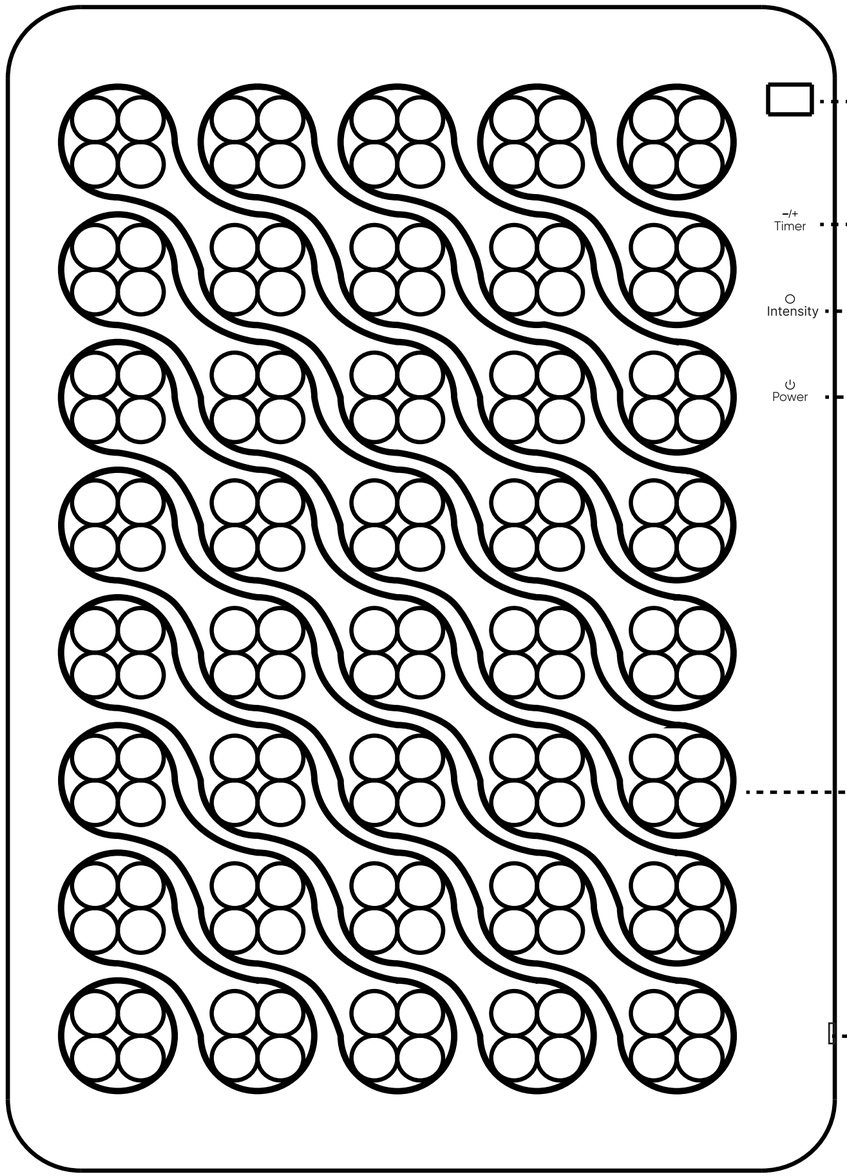
# Contenido de la caja




1. Lámpara de fototerapia con luz roja
2. Cargador USB-C
3. Gafas de protección
4. Soporte de mesa

***NOTA:*** *Mantener conectado durante el uso.*

# Descripción del dispositivo




**Pantalla**
Muestra el temporizador de cuenta regresiva y el nivel de intensidad.

**Temporizador**
Presione para cambiar entre un temporizador de cuenta regresiva de 10/15/20/25/30 minutos.

**Intensidad**
Presione para alternar entre 4 niveles de intensidad, siendo L4 el más fuerte. Presione el botón de encendido nuevamente para confirmar el nivel seleccionado.

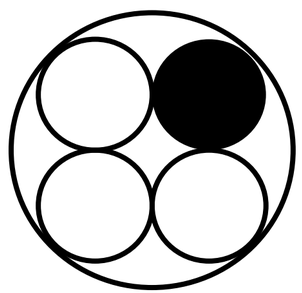
**Encendido/Apagado**
2 s para encender/apagar.

**Conjunto de LEDs**

**Puerto de alimentación**
Mantener conectado durante el uso.

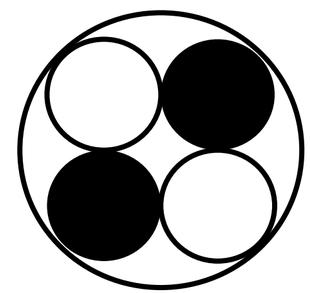
# Niveles de intensidad

## L1



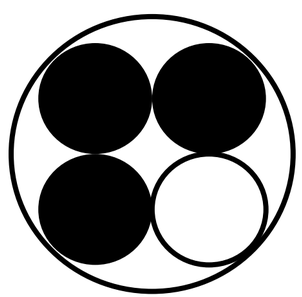
1 LED en cada conjunto de LEDs está encendido.

## L2



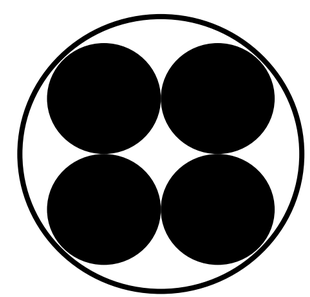
2 LEDs en cada conjunto de LEDs están encendidos.

## L3



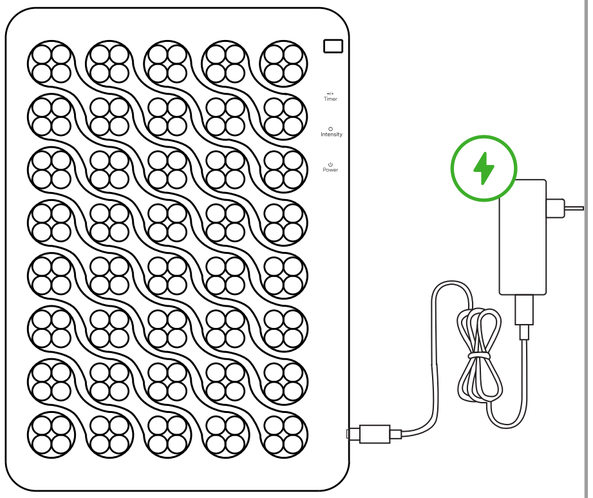
3 LEDs en cada conjunto de LEDs están encendidos.

## L4

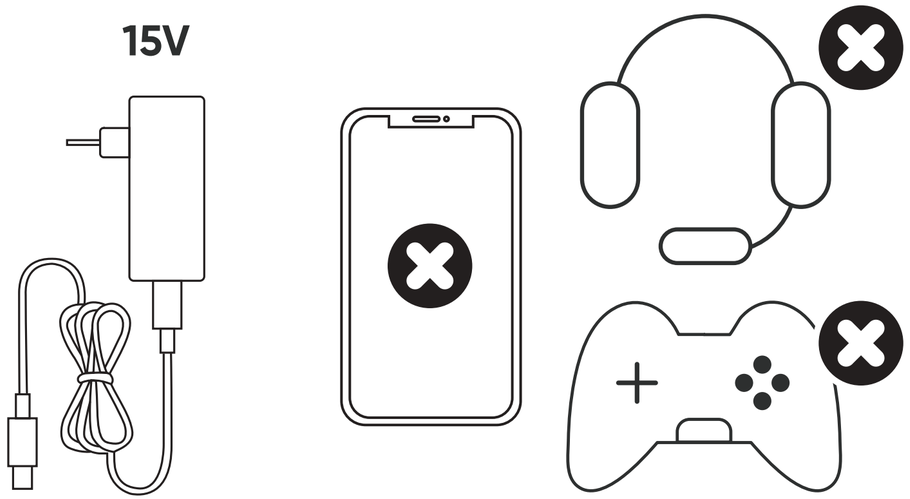


4 LEDs por conjunto encendidos.

# Notas importantes



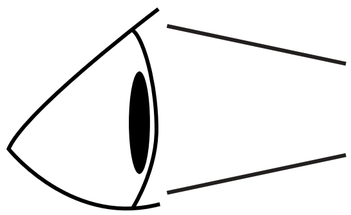

Este producto debe estar conectado a una fuente de alimentación durante su uso.



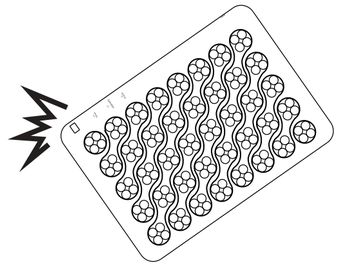

El cargador USB-C (unidad de alimentación) que viene con este producto no puede usarse con otros dispositivos.

# Notas importantes

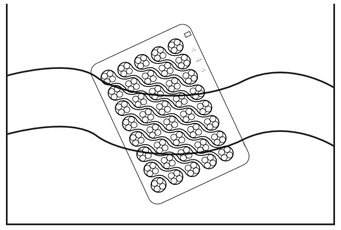
**Advertencia:** Esto no es un dispositivo médico y no puede usarse para tratamientos profesionales ni como sustituto del consejo médico. El efecto real puede variar según la persona.



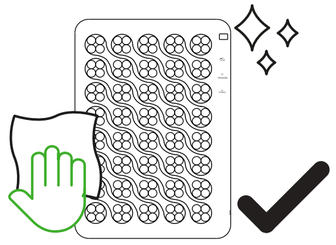
Evita mirar directamente las luces LED.



No dejes caer ni arrojes el producto sobre superficies duras.



No sumerjas en agua.



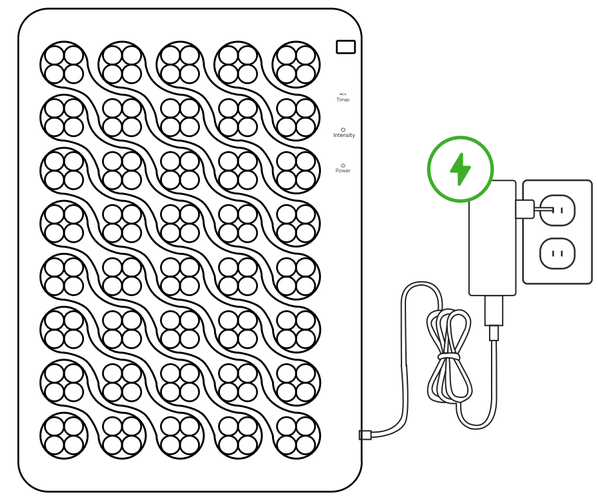
Limpia con un paño húmedo o con alcohol al 70 %.

# Modo de uso

1

Lávese la cara antes de usar, si va a apuntar el panel de terapia de luz roja directamente hacia su rostro.

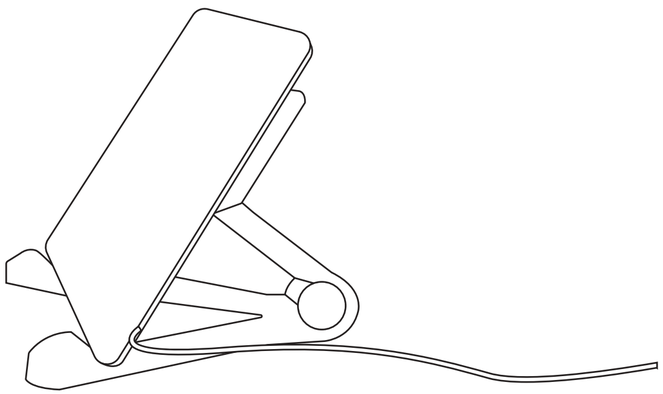
2




Conecte el panel de terapia de luz roja a una fuente de alimentación. Debe permanecer conectado durante su uso.

# Modo de uso

3



Coloque el panel de terapia de luz roja en el soporte proporcionado. Ajuste el soporte para obtener el ángulo óptimo.

4

Póngase gafas de protección.
Mantenga presionado el botón de encendido 2 s para encender. Seleccione el nivel de intensidad y el temporizador.

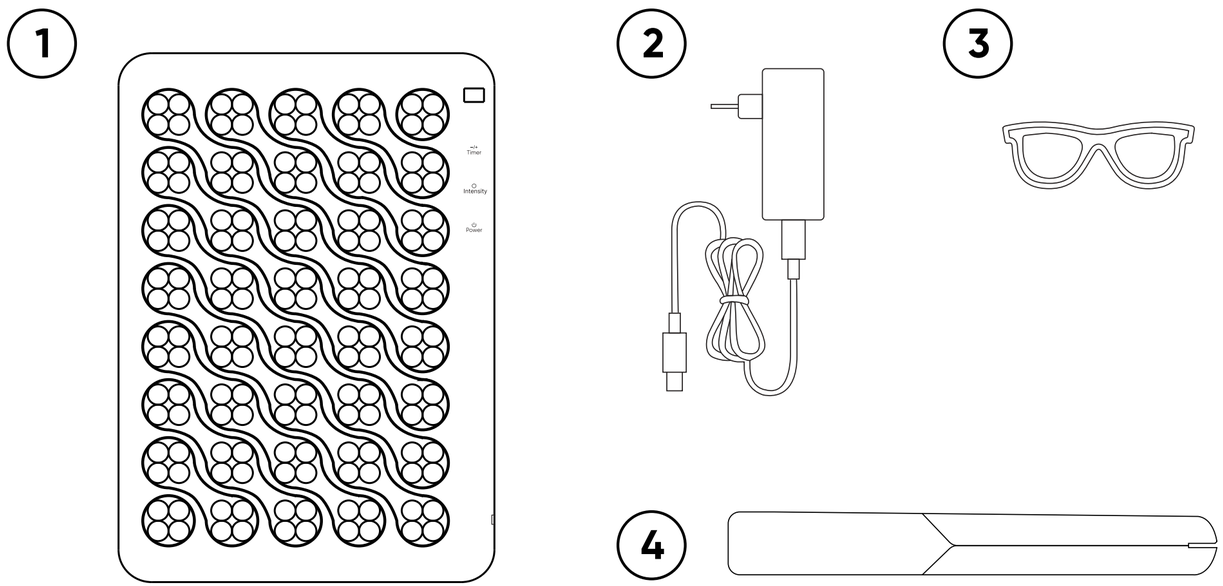
**Presione otra vez** para iniciar la sesión.

# Lampada per fototerapia a luce rossa

Per viso e corpo

**Manuale utente**

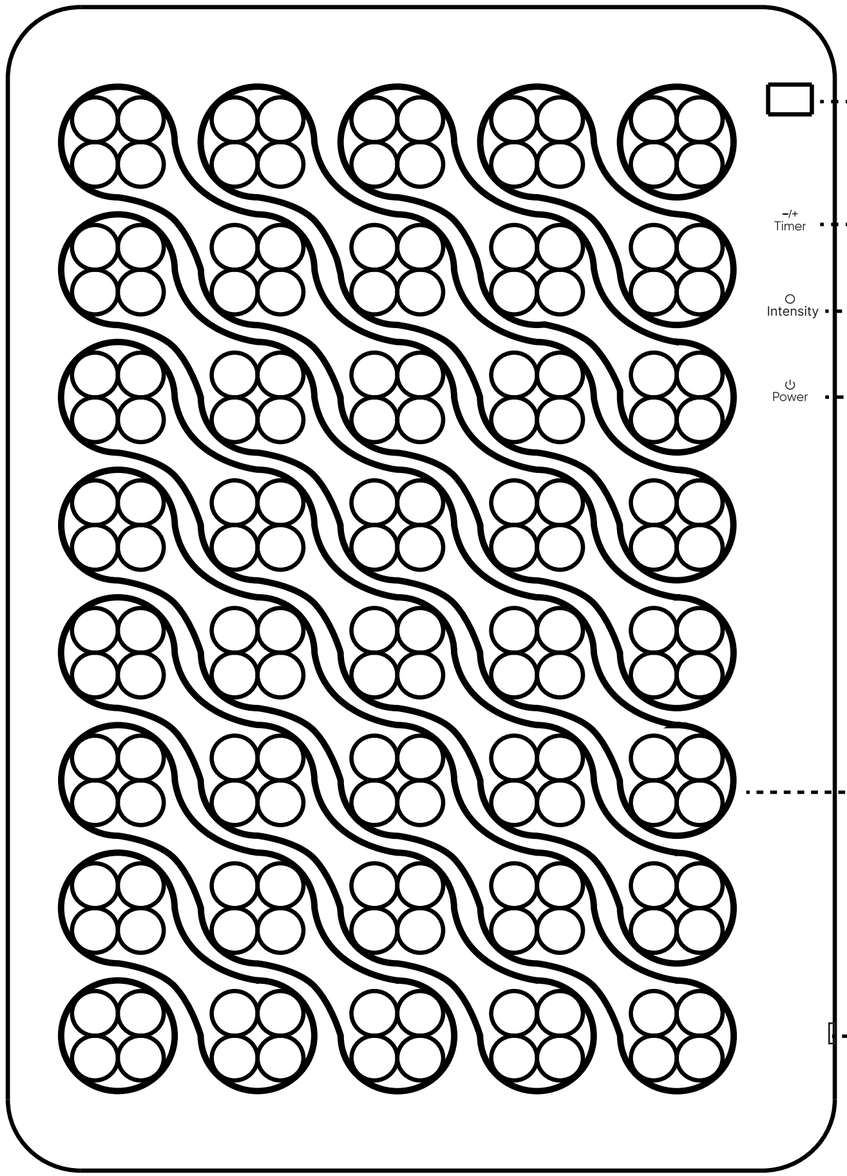
# Contenuto della confezione




1. Lampada per fototerapia a luce rossa
2. Alimentatore USB-C
3. Occhiali di protezione
4. Supporto da tavolo

***NOTA:*** *Questo prodotto deve essere collegato a una fonte di alimentazione durante l'uso.*

# Panoramica del dispositivo




**Schermo Display**
Visualizza il timer di conto alla rovescia e il livello di intensità.

**Timer**
Premere per selezionare il timer di conto alla rovescia da 10/15/20/25/30 minuti.

**Intensità**
Premere per selezionare tra 4 livelli di intensità, con L4 come il più potente. Premere nuovamente il pulsante di accensione per confermare il livello selezionato.

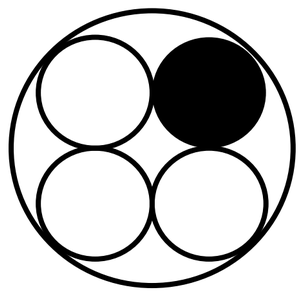
**Accensione**
Premere per 2 secondi per accendere o spegnere.

**Gruppo LED**

**Porta di alimentazione**
Il dispositivo deve essere collegato a una fonte di alimentazione durante l'uso.

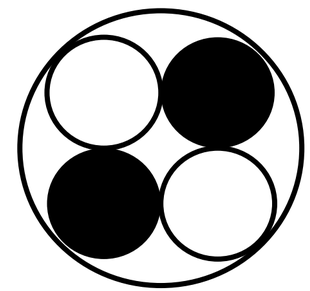
# Livelli di intensità

## L1



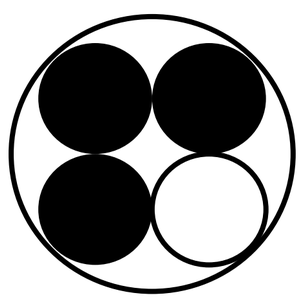
Viene acceso 1 LED per ogni gruppo LED.

## L2



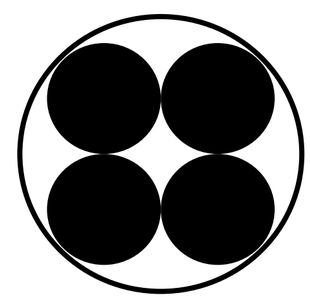
Vengono accesi 2 LED per ogni gruppo LED

## L3



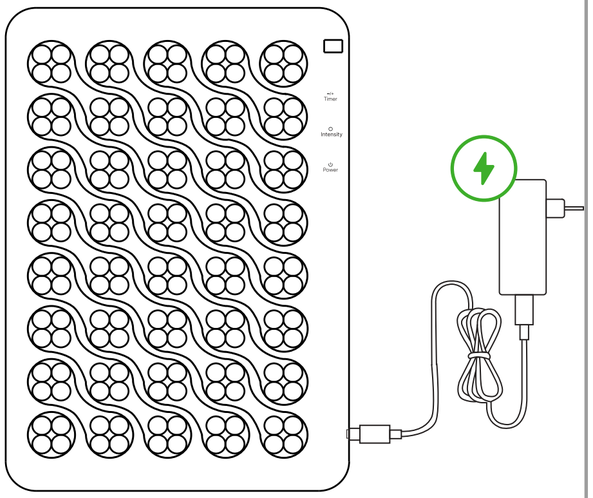
Vengono accesi 3 LED per ogni gruppo LED.

## L4

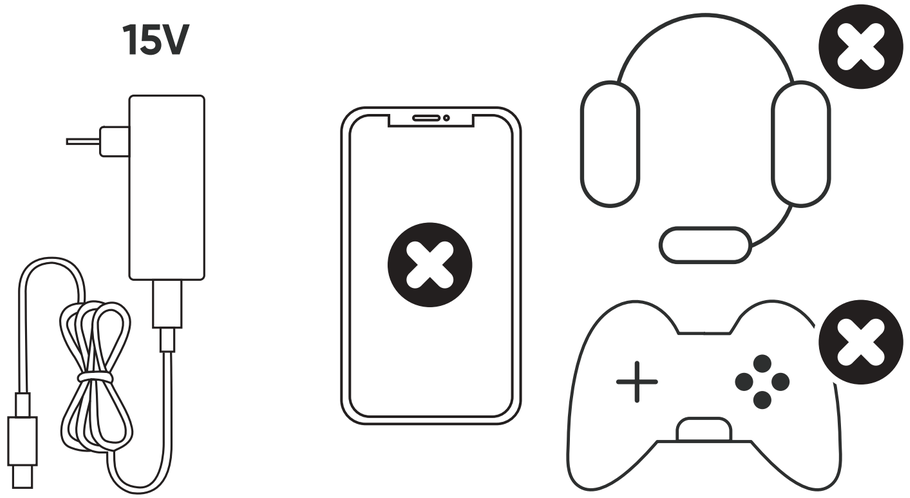


Vengono accesi tutti e 4 i LED per ogni gruppo LED.

# Note importanti



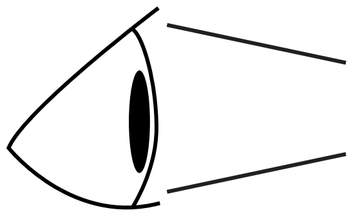

Questo prodotto deve essere collegato a una fonte di alimentazione durante l'uso.



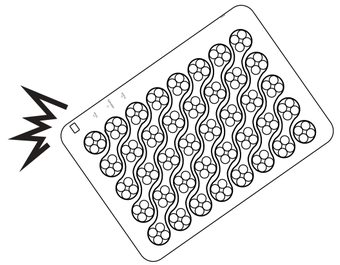

Il caricatore USB-C (unità di alimentazione) fornito con questo prodotto non può essere utilizzato con altri dispositivi.

# Note importanti

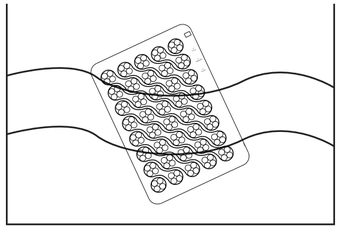
**Avvertenza:** Questo non è un dispositivo medico e non può essere utilizzato per trattamenti professionali né come sostituto del parere medico professionale. L'effetto reale dell'uso può variare da persona a persona.



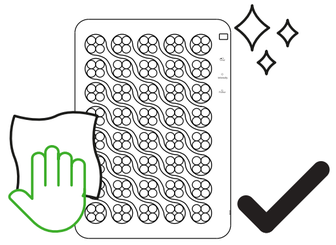
Evita di guardare direttamente le luci LED.



Non far cadere né lanciare il prodotto su superfici dure.



Non immergere in acqua.



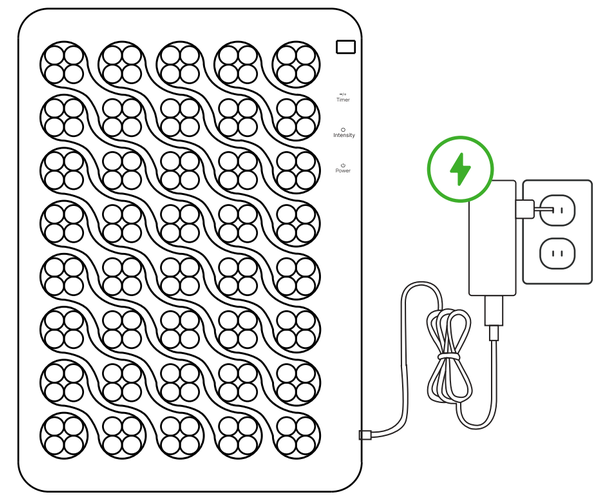
Pulisci con un panno umido o con alcol al 70 %.

# Come usare

1

Lavati il viso prima dell'uso, se intendi puntare il pannello di terapia a luce rossa direttamente sul viso.

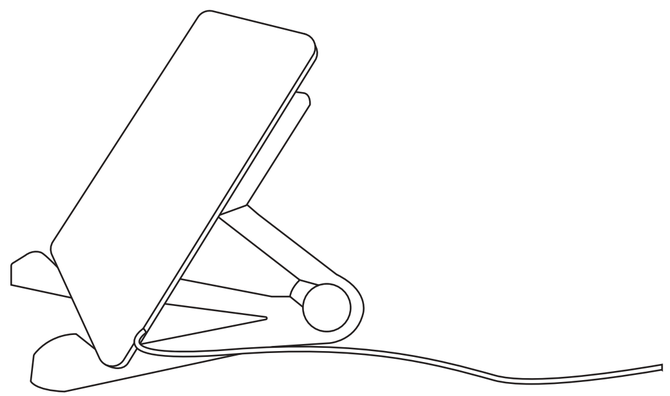
2




Collega il pannello di terapia a luce rossa a una fonte di alimentazione. Deve rimanere collegato durante l'uso.

# Come usare

**3**



Posiziona il pannello di terapia a luce rossa sul supporto fornito. Regola il supporto per ottenere l'angolo ottimale.

**4**

Indossa gli occhiali di protezione.
Tieni premuto il pulsante di accensione per 2 secondi per accendere il dispositivo. Seleziona il livello di intensità e il timer di conto alla rovescia.

**Premi di nuovo Accensione** per iniziare la sessione.